



FINDING ASSISTANCE, DELIVERING OUTREACH

# Introduction to the **FADO Pathway**



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Gender-based violence remains one of the most persistent violations of human rights, deeply affecting the physical, emotional, and social well-being of individuals and communities.

Survivors often navigate a complex reality marked by trauma, stigma, and a lack of access to appropriate services. Supporting them requires not only legal and institutional responses but also creative, community-driven, and participatory approaches that restore agency, dignity, and connection.

## Overview

**The FADO training pathway was designed to strengthen the capacity of professionals, activists, community workers, and peer supporters to engage in this transformative work.**

Rooted in a survivor-centred and human-rights-based approach, the training helps participants understand the structural causes of gender-based violence, recognise its impacts, and mobilise tools that promote healing, empowerment, and social change.

Through a combination of knowledge-building, artistic exploration, and practical skills, the FADO training aims to create environments where survivors feel heard, respected, and capable of reclaiming their narrative.

## Navigating the FADO Pathway

The FADO Pathway is structured around five core modules, each building upon the previous one to create a comprehensive learning experience.

- ① Understanding Gender-Based Violence
- ② Knowledge of Regulations
- ③ The Role of Socially Engaged Theatre
- ④ Technical Performance Skills
- ⑤ Peer-to-Peer Support Methodology

Taken together, these five modules create a pathway that is not only educational but profoundly participatory and restorative. They empower participants to accompany survivors with sensitivity, to use artistic expression as a form of healing and advocacy, and to contribute to safer, more inclusive, and more resilient communities. The FADO training is an invitation to engage, to learn, and to act collectively to transform experiences of violence into pathways towards dignity, justice and hope.

## Module 1: Understanding Gender- Based Violence

"See the harm. Understand the roots.  
Change the reality."

This module provides the essential foundations: definitions, root causes, forms of violence, and the social and cultural norms that enable them. Participants gain a shared understanding of gender inequalities and power dynamics, creating a common ground for further learning.

## Module 3: The Role of Socially Engaged Theatre

"Create. Express. Transform the narrative."

This module introduces socially engaged theatre as a powerful tool for awareness-raising, expression, and collective reflection. Through creative practices, participants learn how artistic processes can support healing, foster empathy, challenge harmful norms, and amplify the voices of those affected by violence.

## Module 5: Peer-to-Peer Support Methodology

"Listen with care. Support with strength. Heal together."

The final module equips participants with the principles and methods of peer support: active listening, boundaries, trauma-informed practice, facilitation skills, and community building. It emphasises shared experience as a source of strength and empowerment.

## Module 2: Knowledge of Regulations

"Know the law. Protect the rights.  
Empower the survivor."

Explore the international, European, and national legal frameworks that define and address gender-based violence. This module clarifies the rights of survivors, the obligations of States, and the mechanisms available to ensure protection, justice, and reparation.

## Module 4: Technical Performance Skills

"Build the skills. Shape the story.  
Inspire the change."

Building on the previous module, participants develop practical artistic skills that can be used to facilitate workshops, create performances, and support survivor-led or community-led initiatives.